

VISUAL SUPPORTS



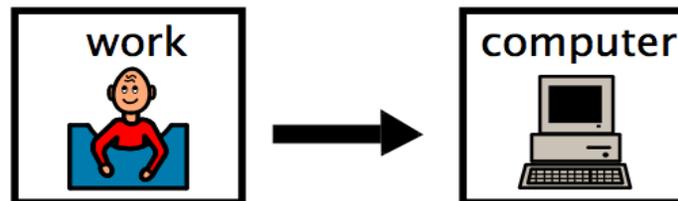
What is it?

- A picture or other visual item used to communicate
- Drawings, objects, written words, lists, photographs, clipart, labels

Why?

- To learn new words, routines, or environments
- To teach social skills
- To provide communication
- To make choices
- To communicate
- To cue
- To decrease frustration
- To decrease anxiety

Example 1: First-Then



First

First = something that needs to be done (something less preferred)

Then

Then = something preferred or an incentive

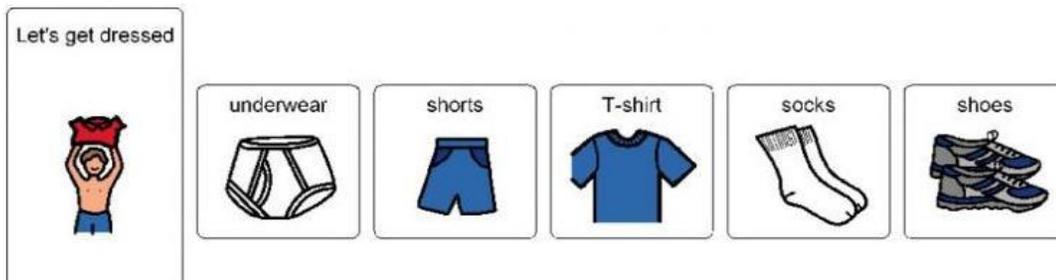
www.boardmakeronline.com

<http://www.autism.org.uk/visualsupports>

https://www.autismspeaks.org/docs/sciencedocs/atn/visual_supports.pdf

GOOD RESOURCES

Example 2: Visual Schedule



Break down a reoccurring activity into smaller steps. Use pictures, words, or a combination of both.

Example 3: Labels, signs, and symbols



Visual supports need to be made with a particular individual in mind. It is difficult to provide examples that will be "right" or "appropriate" for each unique need. Instead, here are some ideas to get you thinking. Each support should be individualized depending on the individual's ability to take in information, read, attend to, and comprehends materials.

VISUAL SUPPORTS



Visual Schedules

Library Rules

go to library

A cartoon illustration of a library with a bookshelf filled with colorful books. In the foreground, the head and shoulders of a smiling person with brown hair are visible.

pick 5 videos

A cartoon illustration of a person in a red shirt and blue pants standing next to a shelf. An arrow points from the person to a blue video box on the shelf.

check out video

A cartoon illustration of a person in a blue shirt sitting at a desk, and another person in an orange shirt standing and handing a red video box to them.

put in backpack

A cartoon illustration of a blue backpack with two straps and a front pocket.

wash hands



turn on



soap



wash hands



turn off



dry hands



VISUAL SUPPORTS



Popcorn

1. Open popcorn.
2. Put popcorn in microwave
3. Press “popcorn.”
4. While it is cooking, give everyone a paper towel.
5. After beeps, take popcorn out of microwave.
6. Wait for Dad to give you some popcorn to eat.
7. Eat!

Popcorn

- A. Open popcorn.
- B. Put popcorn in microwave
- C. Press “popcorn.”
- D. While it is cooking, give everyone a paper towel.
- E. After beeps, take popcorn out of microwave.
- F. Wait for Dad to give you some popcorn to eat.
- G. Eat!

Popcorn

- Open popcorn.
- Put popcorn in microwave
- Press “popcorn.”
- While it is cooking, give everyone a paper towel.
- After beeps, take popcorn out of microwave.
- Wait for Dad to give you some popcorn to eat.
- Eat!

Written Instructions

Signs or Symbols



Need help? Have questions? Feel free to contact me for more information or assistance! amlove2@uky.edu

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**Afternoon
Thomas**

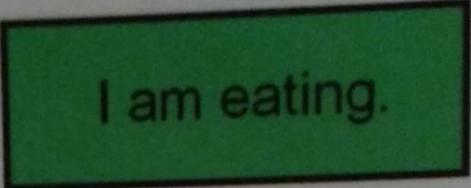
Wipe tables.  

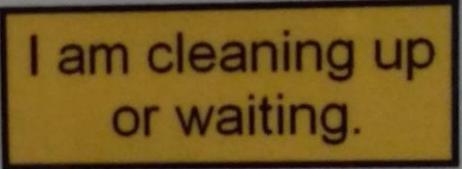
Get bookbag.  

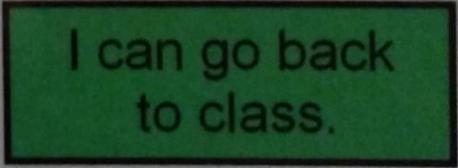
Put folder in bookbag.   

Line up.  

Lunch

Lists or Task Cards with Moveable Pieces

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