

**Autism Society of the Bluegrass presents**

# **Life After High School:**

*Building Inclusive Futures Based On Talents, Gifts, and Capacity*

**Saturday, August 29, 2015**

**10:00 a.m.-4:00 p.m.**

**Tates Creek Christian Church**

**3150 Tates Creek Rd, Lexington KY**



Typically graduation from High School is one of the most exciting times of life. However, for many young men and women with intellectual disabilities it can be a time of great vulnerability to being put into an adult service world of day programs apart from typical peers and /or staying at home all day. Instead life “opening up” it may become smaller and insular.

Fortunately, this does not have to happen. Many young adults with disabilities and their families have a big and positive vision of an interesting life – with lots of exploration and opportunities to grow, meet new people, and go new places – including attending post-secondary education, internships, employment, community living, etc.

This workshop will:

1. Give participants an opportunity to think about typical pathways and experiences that are available to high school graduates within our culture
2. Offer ideas on how to develop a vision of a big and exciting young adult life
3. Share experiences that others have in pursuing a life of possibility after graduation
4. Discuss practical ways of making a vision a reality e.g., funding, recruitment of others to assist – paid and unpaid supporters, etc.

## **Who should attend?**

This workshop is appropriate for parents and other family members, caregivers, case managers, educators and individuals with disabilities themselves. We encourage you to register several “team members” since developing a vision is a collaborative process and brainstorming possibilities with others opens up many options and connections that any one person may not come up with on their own. While most appropriate when planning for teens and young adults, it is never too early or too late to plan!

**Fee: \$25 for first team member; \$10 for each additional team member. Includes a light lunch. Limited number of scholarships available.**

## **About our presenter**

### **Darcy Elks**

*Darcy is an educator, consultant, evaluator and advocate on behalf of people who are societally devalued. She has traveled extensively within North America and internationally. Darcy has worked with many different groups and individuals including persons who have themselves been marginalized by society, advocates, family members, professionals, faith communities and human service providers. The focus of her work is to encourage attitudes and structures which promote social value and inclusion for persons with disabilities and others who have been devalued and excluded.*

*Darcy’s passion is the desire to help create inclusive communities: communities where we all are welcome and where we can each use our gifts for the good of one another. Over the years, Darcy has developed and taught many different workshops that focus on the dynamics of devaluation, its consequences, and what can be done to effectively deal with these dynamics.*

*She is the mother of three children, one of whom has a disability, has graduated from high school, has attended university and is now working.*

**PLEASE PRE-REGISTER!**

**Preferred: visit [ASBG.org](http://ASBG.org)**

- OR to pay by check -

Email [sspragens@insightbb.com](mailto:sspragens@insightbb.com) with name(s) of team members and contact info. Send check to:

**ASBG**

**P.O Box 24212**

**Lexington, KY 40524-2412**