

Testing – Dowsing – Applied Kinesiology

Dowsing is the ancient art practiced by many cultures throughout the millennia. It is the exercise of a human faculty, which allows one to obtain information in a manner that is beyond the scope and power of the standard human physical sense of sight, sound, touch, etc. “To dowse” is to search for anything. Dowsing is generally done with a hand held instrument, forked stick, pendulum, bob on a string or L-rods.

Practice this technique to gain confidence and competence. You can also dowse using the interlocked thumb and index finger of each hand. Holding together is strong and indicates a “Yes”. Breaking apart is weak and indicates a “No”. You can also dowse using the index finger of one hand to break through the locked thumb and index finger of the other hand. If you break through, that’s weak and a “No”. If the index finger can’t break through, that’s strong and indicates a “Yes”. You can also use your middle finger to press down on the index finger which is supposed to be strong. Pushing down indicates a weakness or “no”. Staying strong is a “Yes”.

You can test supplements/herbs/prescriptions by closing your eyes, holding the substance to the chest and asking “Is this beneficial to my body at this time?”

Swaying or movement forward indicates a “Yes” and a backward movement indicates a “No”.

You can also use your body as a surrogate for your child and asking “Is this beneficial to _____(child’s name)_____ at this time?”

THE QUESTION YOU ASK IS THE MOST IMPORTANT PART OF THIS SYSTEM.

Be specific, with only one option (not an either/or – test separately), time specific, choose verbs carefully. You can sometimes simplify by asking if it is ‘in my highest and best interest to (_____) at this time.’

Applied Kinesiology is a form of diagnosis using muscle testing as a primary feedback mechanism to examine how a person’s body is functioning. It can be used to monitor the physiologic response to a physical, chemical or mental stimulus.

Bowel Issues

It is not normal for our children (or ourselves) to have chronic constipation or diarrhea.

The digestive system is often called the Second Brain, abdominal nervous system, abdominal brain, gut brain or enteric nervous system. The irritation in the gut brain is referred to the cerebral brain and can lead to neurological illnesses.

Prominent bowel issues in children with autism include:

Diarrhea

Constipation

Yeast overgrowth

Parasites

Aluminum collecting in solar plexus and/or transverse colon

Natural constipation cure:

1000 mg Vitamin C per day with 250 mg. of Magnesium

Diarrhea

Eliminate any food allergens

Add a good probiotic (acidophilous) to the diet daily

Check for yeast and parasites

Natural Yeast cure:

CanSol by Pure Herbs (Liquid or capsules) plus acidiphilous

Ingredients: Purple Loostrife, White Pond Lily, Greasewood

Purchase at Harvest House 1406 Eastern Blvd. Clarksville, IN 47129 812-288-6789 or see me for below retail prices

Natural cures for parasites:

Nature's Sunshine WW or olive leaf or Pure Herbs Black Walnut

Call me for protocol

Calming

Natural Herbs for Calming

Nature's Sunshine Catnip

Pure Herbs Cudweed - organic lithium - takes out highs and lows

Pure Herbs Skullcap

These can actually replace antipsychotic medications along with other supplemental support including flax. There are also herbs that will increase brain function. There are herbs to replace stimulants used for learning disabilities. Call me for a consultation.

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Calming techniques include whispering to the child when they are tantruming to get them to listen.

Another successful technique is to use the power of positive suggestion to thank the child IN ADVANCE for their specific behavior you desire.
"Thank you for using a quiet voice at school today."

You can communicate telepathically using the above technique also. It may work best if done with two people giving the same message to the child.

Some sleep issues can be helped by rearranging the furniture in the child's room. Remove lights so the child cannot turn on the light to play if they wake in the middle of the night. DO NOT engage in indulging night time activities. Breaking this habit will be worth the time spent eradicating it, no matter how challenging.

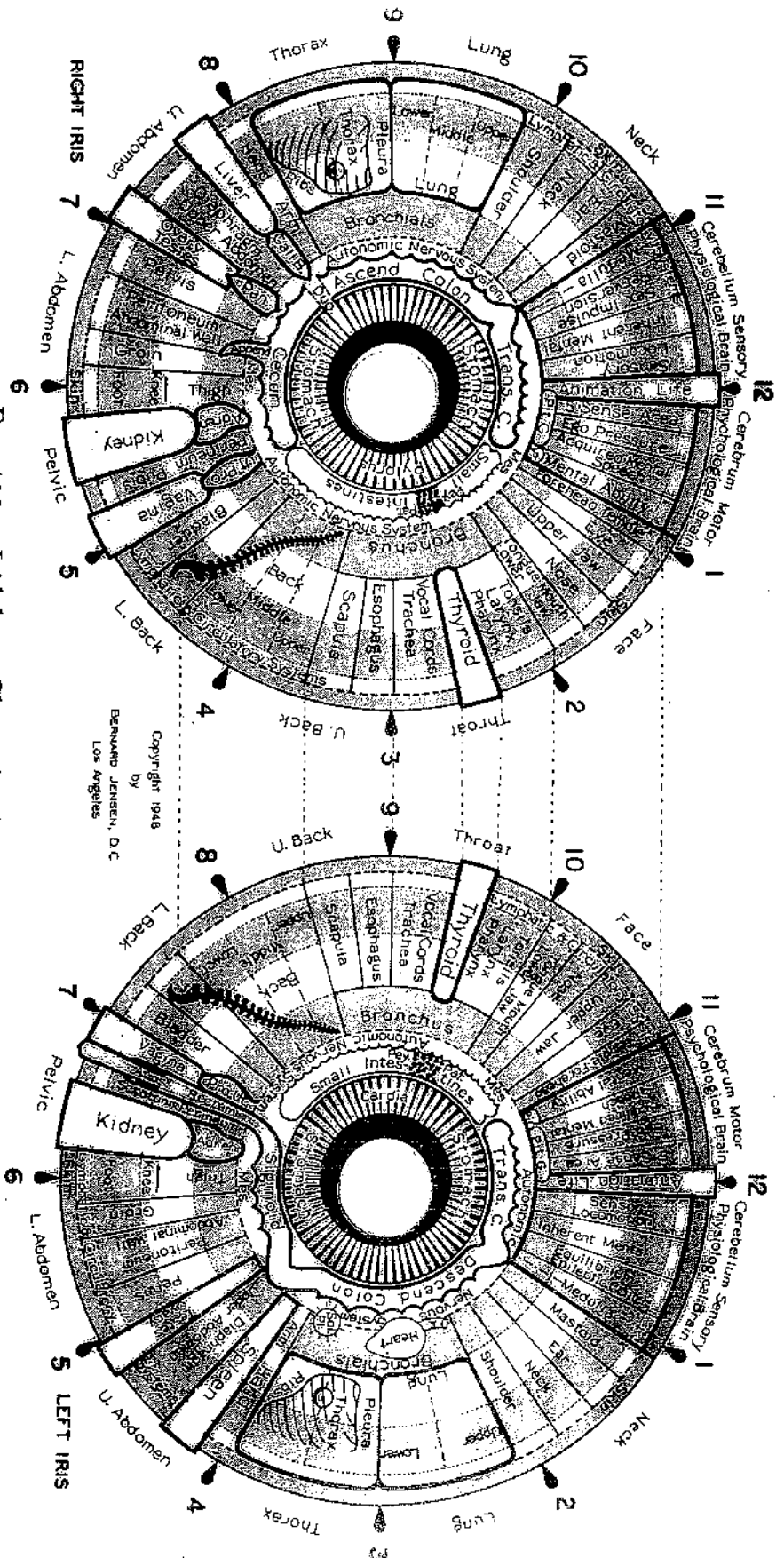


FIG. 133. Iridology Chart developed by Dr. Bernard Jensen

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